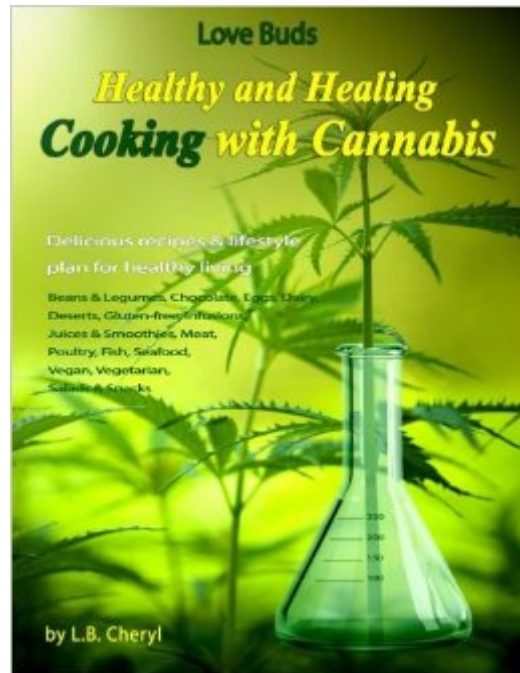


The book was found

# Love Buds: Healthy And Healing: Recipes With Weed And Pot (Cooking With Cannabis) (Volume 1)



## Synopsis

Love Buds Cooking with Cannabis is a beautifully illustrated, quick and easy to navigate collection of recipes, including 300 of the top nutritious foods, herbs & spices for healthy meal preparation. Cooking with cannabis can be tricky, but with Love Buds the meal planning is safe and easy. The recipes are evenly divided: there are quick and easy recipes for those with moderate ability, and more exotic recipes for the gourmet chef. These tasty meals are good for you, completely organic, and nutritious and will support both common & unusual Health issues and concerns. The Cooking with Cannabis Cook Books are filled with exciting ways to use only the healthiest ingredients. All recipes are sugar-free, whole wheat and grains, legumes & beans, lean meats, poultry, dairy, fruits and vegetables. Only the freshest, organic & aromatic herbs, spices and ingredients are used in our kitchen. In the Love Buds kitchen we use only People Love Buds Spice Blends and Love Buds Spice Blends with Cannabis. These spices can be purchased online or in an Oregon or Washington dispensary. The recipes in Love Buds Cooking with Cannabis include: canna butters and oils, infused alcohol, vinegar & teas, dressings and sauces, beverages & smoothies, , eggs, fats, proteins and sweeteners. The recipe chapters include: dressings, sauces & dips, hydration and libation include: coffee, tea, chocolate, cocktails, green juice & smoothie mixes. The Brunch chapter includes: baking, dairy, eggs, salads, grains, rice and quinoa, sandwiches and snacks. Nuts about nuts is a collection of salty, savory and honey nut mixtures, a must in your snack bag. The dinner table is full of main course meals and side dishes for all taste preferences, bacon, poultry, beef game, lamb, fish, seafood, beans & legumes. The hot vegetables include super greens, mixed veggies, squash and potatoes, tomatoes, pasta and rice. Deserts are always my favorites, but when you are including cannabis deserts become heavy when deserts are usually light. The strong texture and flavor of cannabis needs to be a bit overpowered to be tasty but serves better when savored with like ingredients. So the desert and dressing recipes tend to be woody, so test each recipe until you find the balance that appeals to you. Back to deserts: some of our favorites recipes, cherries & chocolate, frosting & fillings, pies & crusts, Popsicle, parfaits and whipped creams. The Love Buds recipes and life plan is based on good health and healing foods. If you or a loved one falls into any of the following concerns then I urge you to take the step towards a healthier life through healthy healing living with Love Buds. Concerns and conditions: Anti-oxidant, anti-age, Alzheimer's. brain and memory, anxiety, insomnia, depression, bi-polar, cancer, nausea, diabetes, sugars, energy, stamina, eye health, gastrointestinal health, diverticulitis disease, IBD, IBS, crones, obesity, constipation, gallbladder & weight loss. Includes: heart, blood pressure, cardiovascular concerns, cholesterol, immune system, anemia, hepatitis, herpes, HIV & AIDS. Women's issues

including: menopause, PMS, urology, heart, reproduction, child birth, new mother, hormones & cholesterol. Men's issues including: prostate, urology, heart, cholesterol, high blood pressure, testosterone and sperm count, nerve disorder, MS, seizures, fibromyalgia, osteoarthritis, pain, inflammation, Parkinson's disease, Rheumatoid arthritis, sexual stimulant, weight gain & anorexia. The Cooking with Cannabis web site and blog is open to all who is interested in a healthier life and feeling better while including cannabis in their diet. Whatever you call it, cannabis, marijuana, weed, pot, THC, CBD, ganja, or smoke we call it GREAT! The team at Love Buds are not advocates of smoking anything but are completely in favor of consuming cannabis that has been tested for purity and strength, in delicious foods made with nutritious ingredients. Please enjoy!

## Book Information

Series: Cooking with Cannabis

Paperback: 290 pages

Publisher: Cooking with Cannabis (February 19, 2016)

Language: English

ISBN-10: 0692549307

ISBN-13: 978-0692549308

Product Dimensions: 8.5 x 0.7 x 11 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #567,650 in Books (See Top 100 in Books) #368 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Herbs, Spices & Condiments #922 in Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Vegan

## Customer Reviews

This web site is beautiful! Thank you so much LB Cheryl Lily wanted to thank you also for including her in the naming of the glass collection

[Download to continue reading...](#)

Love Buds: Healthy and Healing: Recipes with Weed and Pot (Cooking with Cannabis) (Volume 1)  
The Complete INSTANT POT ONE POT Recipes Cookbook: 131 Healthy ONE POT Instant Pot Pressure Cooker Recipes For Every Mum (+Instant Pot Time Guide For Over 300 Recipes)  
Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Top 500 Instant Pot Pressure Cooker Recipes: (Fast Cooker, Slow Cooking,

Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Dinner) Pot Belly Pigs. Pot Belly Pigs Complete Owners Guide. Pot Bellied Pigs care, health, temperament, training, senses, costs, feeding and activities. Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People - Healthy, Easy, And Delicious Instant Pot Recipes Growing Cannabis: The Medical Marijuana Patients' Guide to Growing Cannabis Indoors How to Finance a Marijuana Business: Cannabis Meets Crowdfunding: Private Placement Handbooks & Cannabis Commerce Handbooks, Book 3 The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! Smoothies for Diabetics: 85+ Recipes of Blender Recipes: Diabetic & Sugar-Free Cooking, Heart Healthy Cooking, Detox Cleanse Diet, Smoothies for ... loss-detox smoothie recipes) (Volume 54) The Healthy Instant Pot Pressure Cooker Cookbook: 120 Nourishing Recipes For Clean Eating, Paleo, AIP, Gluten Free, Vegan And Other Healthy Diets Stoners' Delight: Space Cakes, Pot Brownies, and Other Tasty Cannabis Creations Cooking Healthy with a Food Processor: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks) Dutch Oven Cooking: 30 Mouthwatering Dutch Oven, One Pot Recipes for Quick and Easy Campfire Meals (Dutch Oven & Camp Cooking) Instant Pot Complete How To Guide (For Beginners): Cooking Time Guide With Lots Of Interesting Recipes For Easy Pressure Cooking Marijuana Guide for Cannabis Aficionados: Grow Basics, Medical Marijuana, Marijuana Business & Cooking Recipes Slow Cooker, Crock-Pot, Dutch Oven Recipes: Low Calorie, Tasty & Healthy Whole Foods Recipes #SAYGODDBYETODIET Glorious One-Pot Meals: A Revolutionary New Quick and Healthy Approach to Dutch-Oven Cooking Delicious Holiday Treats: A Collection of Healthy Holiday Recipes (Dessert Recipes, Holiday, Seasonal, Desserts, Thanksgiving Recipes, Christmas Recipes) (Volume 1) A Weed Is a Flower : The Life of George Washington Carver

[Dmca](#)